



SICOT Arthroscopy Lab Techniques for Nurses and OR staff

October 12th, 2018, Montreal, Qc, Canada

Coordinator
Hatem Said, Egypt
Moderators

Catherine Dallaire, Bsc Inf, Canada
Malgorzata Garner, B Sc Inf, M Sc, England

Objectives: Technical training in knee and shoulder arthroscopy for nurses and OR assistants

One instructor per station for maximum interaction with trainees.

Number of participants: 4 trainees per station, 3 stations

Maximum places available: 12 maximum, based on first inscription-first served policy.

Video techniques will be available before the congress for viewing/upload

When: October 12th, PM session only.

Knee and Shoulder Arthroscopy Lab Technical Skills Programme **1:00PM – 5:00PM**

Table Stations 11 to 14

- Hands on, 4 Trainees per station, 1 Staff per station
- 15min coffee break

Goals: Tips and Tricks for Techniques in Arthroscopic Knee and Shoulder Surgery

- Ligament Reconstruction (Shoulder and Knee)
 - Graft Preparation: Graft Links, BTB, Quadriceps, St-GT, augmentations
 - Fixation devices: Buttons, interference screws
 - Tunnel Preparation: flip cutters, all-inside, open tunnel, drills
- Meniscal Repair: Inside-out, All-Inside, Outside-In, knot suture techniques
- SLAP/Bankart/Rotator cuff tears: baseball stitch sutures, anchors (push locks, swivel locks, knotless), knot-pushers
- “Troubleshooting everything that can go wrong during my surgery...”

Faculty

Catherine Dallaire, B Sc Inf, Canada
Malgorzata Garner, B Sc Inf, England
Technical Staff, Arthrex Canada
Physician Assistants, Arthrex USA