



DATE MONDAY 2 NOVEMBER 2015

Venue : Tan Tock Seng Hospital

**Foot & Ankle Service, Department of Orthopaedics TTSH
presents**

The Singapore Foot & Ankle Expert Panel Symposium 2015

CONTROVERSIES AND ISSUES IN MANAGING FOOT & ANKLE TRAUMATIC INJURIES

The Singapore Foot & Ankle Surgery Expert Panel Symposium 2015 is the second meeting of its kind organized by the Foot & Ankle Service of the Department of Orthopaedics, Tan Tock Seng Hospital, Singapore. This is a regional brainstorming session moderated by local, regional and international experts which is centred on the theme 'How I would manage'. The topic for 2015 is Trauma in the Foot & Ankle. The symposium will debate current controversies in foot and ankle trauma via case-based discussions and highlight the current state of practice in these areas. The symposium is directed at practising foot and ankle surgeons, senior orthopaedic trainees, sports physicians and senior allied health professionals. CME points will be awarded.

Convenor
Asst. Prof. Gowreeson Thevendran
TTSH, Singapore

PROGRAMME :

7.50am - 8.00am	Introduction and Welcome	Gowreeson Thevendran
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SESSION 1 : PLENARY LECTURE (Chairman Low Tze-Choong)

8.00am - 8.15am	Diabetics with Foot & Ankle trauma : What I have learnt	Fareed Kagda
8.15am - 8.30am	Acute achilles tendon ruptures: Current state of practice	Christopher Pearce
8.30am - 8.50am	Q&A Session	

SESSION 2 : ANKLE FRACTURES (Chairman Ganesan Naidu)

8.50am - 9.05am	How I would manage a 25 yr old elite athlete with a Weber C fracture and posterior malleolar fragment (15% joint surface)	Ernest Kwek
9.05am - 9.20am	How I would manage an 8 week old syndesmotic stabilization with Tight rope but has on going syndesmotic pain	Kannan Kaliyaperumal
9.20am - 9.40am	Guest lecture : Arthroscopy Assisted Fracture Fixation : The Current State of Practice	Alastair Younger
9.40am - 10.00am	Q&A Session	
10.00am - 10.20am	COFFEE BREAK	

SESSION 3 : HINDFOOT FRACTURES (Chairman Suheal Khan)

10.20am - 10.35am	How I would manage a joint depressed Sanders 2 fracture in a 50 year old smoker	Yeap Ewe Juan
10.35am - 10.50am	How I would manage a displaced type 2 talar neck fracture	Diarmuid Murphy
10.50am - 11.10am	Guest lecture : 'Some hindfoot fractures deserve to be fused'	Chua Yeok Pin
11.10am - 11.30am	Q&A Session	

SESSION 4 : ACHILLES TENDON RUPTURES (Chairman Chong Keen Wai)

11.30am - 11.45am	How I would manage a semi-pro footballer with an acute Achilles tendon rupture	Mark Blackney
11.45am - 12.00pm	How I would manage a 60 year old diabetic lady with a neglected Achilles tendon rupture, poor push-off and poor balance	Tan Ken Jin
12.00pm - 12.20pm	Guest lecture : 'My functional rehabilitation programme for Achilles tendon ruptures'	Md. Haris
12.20pm - 12.40pm	Q&A Session	
12.40pm - 1.20pm	LUNCH	

SESSION 5 : PLENARY LECTURE (Chairman Alastair Younger)

1.20pm - 1.40pm	The role of ortho-biologics in foot & ankle trauma	John Kennedy
1.40pm - 2.00pm	Endoscopic techniques for soft tissue foot & ankle trauma — Has much changed?	Mark Blackney
2.00pm - 2.20pm	Q&A Session	

SESSION 6 : TENDON TRAUMA (Chairman David Su)

2.20pm - 2.35pm	How I would manage an acute ankle sprain with subfibular tenderness, short segment peroneal split tear and a subtle cavus foot	Kalpesh Shah
2.35pm - 2.50pm	How would I manage a hyperextension injury of the hallux with plantar pain in a 30 year old recreational footballer	Jeffrey Tan
2.50pm - 3.10pm	Guest lecture : 'The simple ankle sprain that did not get better'	John Kennedy
3.10pm - 3.30pm	Q&A Session	
3.30pm - 3.50pm	TEA BREAK	

SESSION 7 : FOREFOOT / MIDFOOT FRACTURES (Chairman Kalpesh Shah)

3.50pm - 4.05pm	How I would manage an acute zone 2 fracture of the base of the Vth metatarsal in a 25 yrs old sportsman	Chee Yu Han
4.05pm - 4.20pm	How would I manage a 22 yrs old national athlete with a chronically painful navicular and no history of trauma	Chris Murawski
4.20pm - 4.35pm	How would I manage an acute Type 2 soft tissue Lis Franc diastasis in a 21 year old national gymnast	Mak May Fong
4.35pm - 4.55pm	Q&A Session	
4.55pm - 5.30pm	CASE DISCUSSIONS & CLOSING REMARKS	Gowreeson Thevendran

REGISTRATION FORM FOR SINGAPORE FOOT & ANKLE EXPERT PANEL SYMPOSIUM 2015

(Please complete the PDF form below and return via email to Ms. Cheryl Chee)

Prof/Dr/Mr/Ms: _____

Designation: _____

Department/Hospital: _____

Mobile No: _____

Address: _____

City: _____ Country: _____

Email: _____

Registration is on a first-come-first serve basis. The organisers reserve the right to close the registration early once maximum occupancy is reached.

	Early Bird Registration Before 15th August 2015	Normal Registration Fees
Local Allied Health Professionals	SGD \$120	SGD\$180
Local Singaporean Delegates	SGD\$150	SGD\$200
Foreign Delegates	SGD \$200	SGD\$250

Closing Date: 25th October 2015

Payment by:

VISA MASTER CHEQUE

Name: _____

Card Number: _____

Expiry Date: _____ CSV no: _____

For enquiries please contact:

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Course Venue
Tan Tock Seng Hospital
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