To begin with I would like to thank S.I.C.O.T. for selecting me for this esteemed fellowship.

I reached Hannover, Germany on 21st June as requested by my host. The arrangements done by my host clinic for my stay at the GHOTEL were very comfortable and would like to thank Mrs Carmen Muller for all the efforts that she has taken.

My fellowship started from day 1.

We met Professor Windhagen in his Chamber and he introduced me to his consultants and doctors. We then started attending the clinics and Operation Rooms. The Annastift endoprosthetik unit has been doing short stem arthroplasty for more than 10 years now and have done more than 2000 cases.

We got to learn in details about the philosophy and anatomical considerations behind the short stem designs. Professor took personal interest in teaching us the detailed surgical technique involved in successfully and safely doing the short stem hip replacement.

The one day Short stem hip Arthroplasty course organised by Aesculap/b braun and Annatift klinik also helped us understand the design features and tips and tricks in doing the surgery of short stem arthroplasty well. The cadaveric course helped us in correcting our errors further.

Professor Windhagen and his team [Professor Lewinski, Dr Ezechieli and Dr. Calliess] helped us gain greatly from their experiences and surgical techniques in short stem arthroplasty, total hip arthroplasty and Revision hip arthroplasty.

I would also like to thank all the personnel in Annastift Klinik and Operation theatres for taking good care of us and encouraging us in participating in patient care.

All in all this SICOT fellowship was a great learning experience and will try to help all the upcoming hip surgeons in my hospital and visiting students [fellows] in learning from my experience at Annastift Klinik.

I would again like to thank SICOT for considering me for the fellowship and would definitely like to participate in similar fellowship in future

Regards

Dr atul panghate

Mumbai, India