

REPORT OF SICOT FELLOWSHIP

It was a great opportunity provided by SICOT to hone my skills in joint replacement and especially using navigation. My tenure in Hamburg at Schoen Klinik Hamburg Eilbek, Germany under able guidance of Prof. Dr. med. Frank Lampe was fruitful and wholesome. Chief as well as his team was not only cooperative but also ready to explain and discuss fine points. Day one I was oriented to hospital and Hamburg city at large to adjust there. Next morning I was and about to attend the morning clinical meeting. Although it was in German chief and his aides made it a point to explain and make me part of discussion by using the language I was comfortable in i.e. English. After clinical meet I used to attend the Operation Theatre. In OT they ensured that I get chance to assist in cases related to navigation knee. After that or in between I made use of opportunity to scrub in hip/shoulder replacement cases. At no point I felt alien. I was treated respectfully and gracefully. My suggestions was tried ,discussed . Every passing day I felt more comfortable and improved surgeon .During my fellowship I was impressed a lot by Vega knee system of B Braun.Its cam post design and stability works wonderful.Overall I am now trained in navigation knee ,anterior approach to hip, shoulder replacement.their work culture and methodological approach has motivated me to implement few points back at institute where I am the doctor incharge orthopaedics.

I would like to thank Prof Lampe ,his team and SICOT in particular for giving me opportunity to work ,learn and enjoy in the city of Hamburg all together.